

2025 Sessions	Orientation Date	Opening Session Dates	Days 4/5	Days 6/7	Days 8/9	Day 10/11	Day 12/13
Session 1* <i>Blended</i>	Jan 6	Mar 10 - 12	Mar 25 - 26	April 1 -2	April 29 -30	May 14 - 15	May 28 - 29
Session 2 <i>Virtual</i>	Feb 3	April 23 - 25	May 7 - 8	May 21 - 22	June 4 - 5	June 11 - 12	June 25 - 26
Session 3 <i>Virtual</i>	July 14	Sept 15 - 17	Oct 15 - 16	Oct 27 - 28	Nov 5 - 6	Nov 19 - 20	Dec 10 - 11
Session 4* <i>Blended</i>	Aug 18	Nov 12 - 14	Dec 3 - 4	Jan 7 - 8	Jan 21 - 22	Feb 4 - 5	Feb 18 - 19

All sessions include 4.5 hours of personal coaching and 2 hours of small team coaching; all coaching is virtual and to be scheduled during the session.

****NOTE: Blended sessions are in-person except the following virtual days: Orientation Dates, Session 1 - Day 9, and Session 4 - Day 7. Blended sessions include an offsite, overnight retreat. Participants are required to be physically present for all in-person dates. There is NO option to attend “in-person” dates virtually.***