# November 1-2, 2023 NIEHS, Durham, NC

## NOVEMBER 1, 2023

TIME	EVENT	SPEAKER	LOCATION
1:00 p.m.	Arrival/Registration	NIEHS Staff/Keisha Berkley, Program	Rodbell auditorium Entrance, NIEHS
		Manager, ExLP	
1:30 -1:45 p.m.	Welcome and Opening	Dr. Rick Woychik,	Rodbell Auditorium,
	Remarks	Director, NIEHS &	NIEHS
		Dr. Trevor Archer,	
		Deputy Director, NIEHS	
1:45-3:00 p.m.	Connect and Learn with	NIEHS ExLP Alums	Rodbell Auditorium,
	NIEHS		NIEHS
3:00-3:15 p.m.	BREAK		
3:15-4:15 p.m.	NIEHS History and Walking Tour	TBD	NIEHS Campus
4:15-5:00 p.m.	Day 1 Debrief	Keisha Berkley,	Rodbell Auditorium,
	Preview of Day 2	ExLP Program	NIEHS
	Closing	Manager	
5:00 Until	Dinner		Local Restaurant for
	Two Options: Dine with		Organized Dinner Shuttle to and from
	Members of Your Cohort (On Your Own)		the NIEHS campus
	-Or-		provided
	RSVP for ExLP Alum		provided
	Organized Dinner (RSVP		
	Required)		
Evening	Hotel Check-In		

#### **NOVEMBER 2, 2023**

TIME	EVENT	SPEAKER	LOCATION
8:30 - 9:00	Welcome and Introductions	Dr. Anita Kishore,	Rodbell Auditorium,
a.m.		NIH ExLP Facilitator	NIEHS
		&	
		Amiko Matsumoto,	
		Facilitator/Coach,	

		Partnership for Public Service	
9:00 - 9:30	Group Photo	Dr. Anita Kishore, &	Rodbell Auditorium,
a.m.	Fun Activity	Amiko Matsumoto	NIEHS
9:30-10:30	Promising Practices:	Dr. Anita Kishore, &	Rodbell Auditorium,
a.m.	Coaching, Mentoring and Sponsorship	Amiko Matsumoto	NIEHS
10:30-10:45 a.m.	BREAK		
10:45-Noon	Leading in a Hybrid Work Environment	Dr. Anita Kishore, & Amiko Matsumoto	Rodbell Auditorium, NIEHS
12:00 – 1:15 p.m.	Lunch		NIEHS Cafeteria
1:15-2:45 p.m.	Leading in a Hybrid Work Environment Continued	Dr. Anita Kishore, Amiko Matsumoto	Rodbell Auditorium, NIEHS
2:45-3:30 p.m.	Closing Ceremony/Acknowledgements	Dr. Anita Kishore,	Rodbell Auditorium, NIEHS
3:30 -3:45 p.m.	Closing Remarks	Dr. Trevor Archer	Rodbell Auditorium, NIEHS
3:45 p.m.	Depart NIEHS		

### Day Two

**Dr. Anita Kishore, NIH ExLP Lead Instructor and Amiko Matsumoto**, Partnership Executive Coach and Facilitator will engage participants in discussion, interactive activities and reflection opportunities related to leadership topics identified by NIH ExLP alum. This session will serve as a "deep dive" on personal leadership development and employee engagement topics selected by NIH ExLP alum. This day-long session will allow NIH ExLP alum to share their experiences, discuss promising practices related to their own leadership development and the development of their employees and receive resources and tools to support their role as supervisors/managers.

### Promising Practices: Coaching, Mentoring and Sponsorship

An essential component of leadership is the ability to effectively develop others. Leaders who provide coaching, mentoring and sponsorship opportunities are investing in the growth and development of their employees. This session will provide an overview of coaching, mentoring and sponsorship and highlight the differences between them. This session will also address how to leverage coaching, mentoring and sponsorship to ensure employees receive equitable access to growth and advancement opportunities.

#### OBJECTIVES

- Define and describe coaching, mentoring and sponsorship.
- Clarify the differences between coaching, mentoring and sponsorship.
- Identify how to leverage coaching, mentoring and sponsorship opportunities to create an inclusive workplace.

#### Leading in a Hybrid Work Environment

The federal work environment is changing. The future is more likely to be hybrid (virtual and inperson). Employees today have come to expect greater flexibility and autonomy. This seminar will focus on examining research about effective leadership in hybrid work environments and sharing best practices related to employee engagement and management in a hybrid work environment.

#### OBJECTIVES

- Create a shared understanding of the hybrid work environment and the impact on employees.
- Examine research related to effective leadership and employee management practices in hybrid work environments.
- Discuss and share best practices for successfully leading in a hybrid work environment including the utilization of technology and implementing inclusive leadership practices.