

| 2023 Sessions | Orientation Date <i>(All Orientations will be held virtually)</i> | Opening Session Dates | Days 4/5 | Days 6/7 | Days 8/9 | Day 10/11 | Day 12/13 |
|---|--|------------------------------------|-----------------------------------|-----------------------------------|---|------------------------------------|-----------------------------------|
| Session 1 <i>All Virtual</i> | Feb - 13 | April 4 - 6 | April 13 & April 19 | April 20 & May 10 | May 19 & May 25 | June 8 - 9 | June 21 - 22 |
| Session 2 <i>All Virtual</i> | Feb - 27 | May 3 - 5 | May 17 - 18 | May 31 - June 1 | June 14 - 15 | June 28 - 29 | July 12 - 13 |
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| Session 3* <i>In-Person (blended)</i> | May - 8 <i>(virtual)</i> | July 17 - 19 <i>(in-person)</i> | Aug 9 - 10 <i>(in-person)</i> | Aug 23 - 24 <i>(in-person)</i> | Sept 6 <i>(in person)</i> ----- Sept 7 <i>(virtual)</i> | Sept 20 - 21 <i>(in-person)</i> | Oct 11 - 12 <i>(in-person)</i> |
| Session 4* <i>In-Person (blended)</i> | July - 24 <i>(virtual)</i> | Oct 4 - 6 <i>(in-person)</i> | Oct 18 - 19 <i>(in-person)</i> | Nov 1 - 2 <i>(in-person)</i> | Nov 8 <i>(in person)</i> ----- Nov 9 <i>(virtual)</i> | Nov 15 - 16 <i>(in-person)</i> | Nov 29 - 30 <i>(in-person)</i> |

Sessions include 4.5 hours of personal coaching and 2 hours of small team coaching; all coaching is virtual to be scheduled during the session

****NOTE: Blended sessions require participants to be physically present for each “in-person” date;
THERE IS NO OPTION TO ATTEND “IN-PERSON” DATES VIRTUALLY.***