### 2023 Sessions

<table>
<thead>
<tr>
<th>Orientation Date</th>
<th>Opening Session Dates</th>
<th>Days 4/5</th>
<th>Days 6/7</th>
<th>Days 8/9</th>
<th>Day 10/11</th>
<th>Day 12/13</th>
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</thead>
<tbody>
<tr>
<td><strong>Session 1</strong></td>
<td>February 27</td>
<td>May 3 - 5</td>
<td>May 17 - 18</td>
<td>June 14 - 15</td>
<td>June 28 - 29</td>
<td>July 12 - 13</td>
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<tr>
<td>All Virtual</td>
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<td><strong>Session 2</strong></td>
<td>February 13</td>
<td>April 4 - 6</td>
<td>April 13 &amp; April 19</td>
<td>May 19 &amp; May 25</td>
<td>June 8 - 9</td>
<td>June 21 - 22</td>
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<tr>
<td>All Virtual</td>
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**Session 3**

*In-Person (blended)*

- May 8 (virtual)
- July 17 - 19 (in-person)
- August 9 - 10 (in-person)
- August 23 - 24 (in-person)
- September 6 (in person)
- September 7 (virtual)

**Session 4**

*In-Person (blended)*

- July 24 (virtual)
- October 4 - 6 (in-person)
- October 18 - 19 (in-person)
- November 1 - 2 (in-person)
- November 8 (in person)
- November 9 (virtual)

Sessions include 4.5 hours of personal coaching and 2 hours of small team coaching; all coaching is virtual to be scheduled during the session.

*NOTE: Blended sessions require participants to be physically present for each “in-person” date; THERE IS NO OPTION TO ATTEND “IN-PERSON” DATES VIRTUALLY.*