Congratulations on your new Federal employment!

Part of your onboarding includes learning about your benefit options and making the best selections for you and your family.

Register for a medical/dental/vision session by clicking HERE

Webinars are held:
- Tuesdays at 2 pm EST
- Thursdays at 11 am EST

There will be an opportunity to ask questions before making your health care selections.

Foreign Service Benefit Plan
- GEHA
- Kaiser Permanente
Mail Handlers Benefit Plan
UnitedHealthcare
- FSAFeds
- Benefeds
The Federal Long Term Care Insurance Program