Resources
To Support the Supervisor and the Distressed Trainee

OITE
301-496-2427 training.nih.gov, oite-wellness@nih.gov
- Career Services
- Educational Advising
- Wellness Consults
- Resilience Training

SUPERVISOR SUPPORT
Consultation and training to support quality mentorship and resolve workplace issues

TRAINEE SUPPORT
Graduate/professional school advising, career exploration, wellness programs, interpersonal skills development, cultural adaptation, mentor/mentee relationships

EAP
301-496-3164 ors.od.nih.gov/sr/dohs/EAP
- Mental Health Professionals
- Confidential
- Voluntary

SUPERVISOR SUPPORT
Supervisory consultation, crisis intervention, assistance referring trainees to EAP

TRAINEE SUPPORT
Short-term counseling, crisis intervention, community resources & referral

*Phone and face-to-face consultations

Civil
301-402-4845 https://civilworkplace.nih.gov
Anti-Harassment Hotline 833-224-3829

SUPERVISOR SUPPORT
Consultation to mitigate workplace difficulties, including all forms of harassment, inappropriate, uncivil, and other disruptive behavior

TRAINEE SUPPORT
Resource for all forms of harassment, inappropriate, uncivil, and other disruptive behavior impacting the workplace

Ombudsman
301-594-7231 ombudsman.nih.gov
- Consultation
- Coaching
- Facilitation

SUPERVISOR SUPPORT
Coaching and conflict resolution design, implementation and training, confidential discussion of personal and interpersonal issues, identify work-related problems, policy and procedures concerns

TRAINEE SUPPORT
Neutral, confidential, independent resource, coaching, problem-solving, resources and strategies

OMS
301-496-4411
Occupational Medical Service
https://go.usa.gov/xnhG3, 301-496-1211 (after hours)

24/7, Medical Emergencies, CCBldg 10, OP6
Evaluations for abrupt behavior change, substance abuse, injury, illness

Police
24/7, Emergency Law Enforcement
NIH Police
Main Bethesda Campus
911 landline, 301-496-9911 mobile
Non-emergency, 301-496-5685

Local Police
All other NIH facilities
9-911 landline, 911 mobile

Flyer for Trainees & Supervisors, May 1, 2021