

Resources

To Support the Supervisor and the Distressed Trainee

NATIONAL INSTITUTES OF HEALTH 

OITE

301-496-2427 training.nih.gov, oite-wellness@nih.gov



- o Career Services
- o Educational Advising
- o Wellness Consults
- o Resilience Training

SUPERVISOR SUPPORT
Consultation and training to support quality mentorship and resolve workplace issues

TRAINEE SUPPORT
Graduate/professional school advising, career exploration, wellness programs, interpersonal skills development, cultural adaptation, mentor/mentee relationships

Office of
Intramural
Training &
Education

EAP

301-496-3164* ors.od.nih.gov/sr/dohs/EAP



- o Mental Health Professionals
- o Confidential
- o Voluntary

SUPERVISOR SUPPORT
Supervisory consultation, crisis intervention, assistance referring trainees to EAP

TRAINEE SUPPORT
Short-term counseling, crisis intervention, community resources & referral

Employee
Assistance
Program

*Phone and face-to-face consultations

Civil

301-402-4845 <https://civilworkplace.nih.gov>
Anti-Harassment Hotline 833-224-3829



- o NIH Human Resources
- o Anonymous Reports

SUPERVISOR SUPPORT
Consultation to mitigate workplace difficulties, including all forms of harassment, inappropriate, uncivil, and other disruptive behavior

TRAINEE SUPPORT
Resource for all forms of harassment, inappropriate, uncivil, and other disruptive behavior impacting the workplace

Civil
Program

Ombudsman

301-594-7231 ombudsman.nih.gov



- o Consultation
- o Coaching
- o Facilitation

SUPERVISOR SUPPORT
Coaching and conflict resolution design, implementation and training, confidential discussion of personal and interpersonal issues, identify work-related problems, policy and procedures concerns

TRAINEE SUPPORT
Neutral, confidential, independent resource, coaching, problem-solving, resources and strategies

Center for
Cooperative
Resolution

OMS 301-496-4411



Occupational Medical Service
<https://go.usa.gov/xnhG3>, 301-496-1211 (after hours)

24/7, Medical Emergencies, CCBI dg 10, OP6
Evaluations for abrupt behavior change, substance abuse, injury, illness

Police



24/7, Emergency Law Enforcement

NIH Police Main Bethesda Campus
911 landline, 301-496-9911 mobile
Non-emergency, 301-496-5685

Local Police All other NIH facilities
9-911 landline, 911 mobile