

# Resources

To Support the Supervisor and the Distressed Trainee

NATIONAL INSTITUTES OF HEALTH 

**OITE** 301-496-2427 [training.nih.gov](https://training.nih.gov)

- o Career Services
- o Educational Counseling & Advising

**SUPERVISOR SUPPORT**  
Consultation and training to support quality mentorship and resolve workplace issues

**TRAINEE SUPPORT**  
Graduate/professional school advising, career exploration, wellness programs, interpersonal skills development, cultural adaptation, mentor/mentee relationships



Office of  
Intramural  
Training &  
Education

**EAP** 301-496-3164\* [ors.od.nih.gov/sr/dohs/EAP](https://ors.od.nih.gov/sr/dohs/EAP)

- o Mental Health Professionals
- o Confidential
- o Voluntary

**SUPERVISOR SUPPORT**  
Supervisory consultation, crisis intervention, assistance referring trainees to EAP

**TRAINEE SUPPORT**  
Short-term counseling, crisis intervention, community resources & referral

\*Phone and face-to-face consultations



Employee  
Assistance  
Program

**Civil** 301-402-4845 <https://civilworkplace.nih.gov>  
Anti-Harassment Hotline 833-224-3829

- o NIH Human Resources
- o Anonymous Reports

**SUPERVISOR SUPPORT**  
Consultation to mitigate workplace difficulties, including harassment (sexual/non-sexual), inappropriate, uncivil, and other disruptive behavior

**TRAINEE SUPPORT**  
Resource for harassment (sexual/non-sexual), inappropriate, uncivil, and other disruptive behavior impacting the workplace



Civil  
Program

**Ombudsman** 301-594-7231 [ombudsman.nih.gov](https://ombudsman.nih.gov)

- o Consultation
- o Coaching
- o Facilitation

**SUPERVISOR SUPPORT**  
Coaching and conflict resolution design, implementation and training, confidential discussion of personal and interpersonal issues, identify work-related problems, policy and procedures concerns

**TRAINEE SUPPORT**  
Neutral, confidential, independent resource, coaching, problem-solving, resources and strategies



Center for  
Cooperative  
Resolution

**OMS** 301-496-4411



**Occupational Medical Service**  
<https://go.usa.gov/xnhG3>, 301-496-1211 (after hours)

**24/7, Medical Emergencies, CCBI dg 10, OP6**  
Evaluations for abrupt behavior change, substance abuse, injury, illness

**Police**



**24/7, Emergency Law Enforcement**

**NIH Police** Main Bethesda Campus  
911 landline, 301-496-9911 mobile  
Non-emergency, 301-496-5685

**Local Police** All other NIH facilities  
9-911 landline, 911 mobile