Resources
To Support the Supervisor and the Distressed Trainee

N A T I O N A L I N S T I T U T E S O F H E A L T H

OITE
301-496-2427 training.nih.gov

- **SUPERVISOR SUPPORT**
  Consultation and training to support quality mentorship and resolve workplace issues

- **TRAINEE SUPPORT**
  Graduate/professional school advising, career exploration, wellness programs, interpersonal skills development, cultural adaptation, mentor/mentee relationships

EAP
301-496-3164* ors.od.nih.gov/sr/dochs/EAP

- **SUPERVISOR SUPPORT**
  Supervisory consultation, crisis intervention, assistance referring trainees to EAP

- **TRAINEE SUPPORT**
  Short-term counseling, crisis intervention, community resources & referral

*Phone and face-to-face consultations

Civil
301-402-4845 https://civilworkplace.nih.gov

- **SUPERVISOR SUPPORT**
  Consultation to mitigate workplace difficulties, including harassment (sexual/non-sexual), inappropriate, uncivil, and other disruptive behavior

- **TRAINEE SUPPORT**
  Resource for harassment (sexual/non-sexual), inappropriate, uncivil, and other disruptive behavior impacting the workplace

Ombudsman
301-594-7231 ombudsman.nih.gov

- **SUPERVISOR SUPPORT**
  Coaching and conflict resolution design, implementation and training, confidential discussion of personal and interpersonal issues, identify work-related problems, policy and procedures concerns

- **TRAINEE SUPPORT**
  Neutral, confidential, independent resource, coaching, problem-solving, resources and strategies

OMS
301-496-4411

- **Occupational Medical Service**
  https://go.usa.gov/xnhG3, 301-496-1211 (after hours)

  24/7, Medical Emergencies, CCBldg 10, OP6
  Evaluations for abrupt behavior change, substance abuse, injury, illness

Police

- **24/7, Emergency Law Enforcement**
  NIH Police Main Bethesda Campus
  911 landline, 301-496-9911 mobile
  Non-emergency, 301-496-5685

  Local Police All other NIH facilities
  9-911 landline, 911 mobile

Flyer for Trainees & Supervisors, March 13, 2020